

2016-17  
MENU – WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta with tomato sauce, garlic bread, peas (V)	Pork sausage, duchess potatoes, green beans	Jacket potato with choice of fillings: chicken mayo, cheese, beans, coleslaw	Beef lasagne, garlic bread, sweetcorn	Cod fillet fish fingers, Chips, Peas
Cod fish cake, new potatoes, peas	Veg sausage, duchess potatoes, green beans (V)		Veg lasagne, garlic bread, sweetcorn (V)	Veg fingers, Chips, Peas (V)
Jacket Potato with choice of fillings / Salad Bar / Home made bread				
Apple Crumble & Custard	Fruit slices, shortbread	Strawberry sponge	Flapjack	Chocolate muffin
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				

## MENU – WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef curry and rice, naan bread or Tuna and vegetable bake	Chicken and broccoli bake, garlic bread, peas	Cod fish fingers in a bun, veg sticks, tartar or tomato sauce	Roast turkey, roast potatoes, carrots and swede	Cod fish cake, oven cooked chips
Veg curry and rice, nan bread	Pasta in cheese sauce or Veg spring roll (v) Garlic bread, peas	Veg fingers in a bun, veg sticks, tartar or tomato sauce (V)	Veg lasagne, roast potatoes, carrots and swede (V)	Veg ravioli, chips (V)
Jacket Potato with choice of fillings / Salad Bar / Home made bread				
Blueberry muffin	Fruit bag (apple, grapes)	Fruit & Custard	Crackers and cheese	Strawberry ice cream
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				

## MENU – WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef spaghetti Bolognese, garlic bread	Roast chicken Roast Potatoes green beans	Lamb meatballs, roast dice potatoes, baby carrots	Pork sausage, hash brown, baked beans	Breaded Cod fillet Chips Peas
Veg spaghetti Bolognese or Cauliflower cheese, garlic bread (V)	Veg Pie, Roast Potatoes green beans (V)	Veg balls, roast dice potatoes, baby carrots (V)	Veg sausage, hash brown, baked beans (v)	Veg nuggets, Chips Peas (v)
Jacket Potato with choice of fillings / Salad Bar / Home made bread				
Melon and pineapple slices, shortbread	Strawberry trifle	Chocolate sponge with choc custard	Vanilla ice cream	Blueberry muffin
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				

## Menu Week 4

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Chicken fillet nuggets, Rosti potatoes, peas and sweetcorn	Beef spaghetti Bolognese, garlic bread	Roast gammon, roast potatoes, mixed veg	Beefburger in a bun, onion rings, fresh veg sticks, tomato or bbq sauce	Fish cake, Chips Peas
Veg fingers, Rosti potatoes, peas and sweetcorn (V)	Veg spaghetti Bolognese, or Cheese and broccoli bake, garlic bread (V)	Cheese and onion pasty, roast potatoes, mixed veg (V)	Veg burger in a bun, onion rings, fresh veg sticks, tomato or bbq sauce (v)	Veg grill, Chips Peas (v)
Jacket Potato with choice of fillings / Salad Bar / Home made bread				
Jam sponge and custard	Rice pudding	Strawberry mousse	Fresh fruit bag (apple and grapes)	Fruit jelly
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				

# 2016-17

MENU – WEEK 1 (09-01-17 & 06-02-17)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta in tomato sauce with cheddar cheese topping, garlic bread, peas (V)	Cumberland sausage, boiled parsley potatoes, green beans	Roast topside of beef, Yorkshire pudding Roast potatoes Savoy cabbage	Jacket potato topped with Beef chilli	Cod fillet fish fingers, Chips, Peas
Cod fish cake, new potatoes, peas	Veg sausage, boiled parsley potatoes, green beans (V)	Veg lasagne Roast potatoes Savoy cabbage	Jacket potato topped with cheese and beans	Veg fingers, Chips, Peas (V)
Jacket Potato with choice of fillings / Salad Bar / Home-made bread				
Apple Crumble & Custard	Fruit slices, shortbread	Strawberry sponge	Flapjack	Chocolate muffin
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				

MENU – WEEK 2 (16-01-17)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lamb curry and Savoury rice or potatoes naan bread, Cauliflower or broccoli cheese	Roast chicken, roast potatoes, carrot and swede	Beef chilli and rice or potatoes Garlic bread and nachos	Cheese and Tomato pizza (V) Corn-on-the-cob Coleslaw	Cod fish cake, oven cooked chips, peas
Veg curry and Savoury rice or potatoes, naan bread, Cauliflower or broccoli cheese (V)	Pasta in cheese sauce, roast potatoes carrot and swede (V)	Veg chilli and rice or potatoes Nachos (V)	Pork sausage wrapped in potato Corn-on-the-cob Coleslaw	Veg ravioli, oven cooked chips peas (V)
Jacket Potato with choice of fillings / Salad Bar / Home made bread				
Blueberry muffin	Fruit & Custard	Cheese & Biscuits	Fresh fruit bag	Strawberry ice cream
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				

MENU – WEEK 3 (23-01-17)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef spaghetti Bolognese, garlic bread	Roast gammon Roast Potatoes green beans	Lamb meatballs, roast dice potatoes, baby carrots	Jacket potato with a choice of  Pork or veg sausage, Sausage & beans, OR Cheese and beans	Breaded Cod fillet Oven-cooked chips Peas
Veg spaghetti Bolognese or Broccoli & sweet-potato melt garlic bread (V)	Veg Slice, Roast Potatoes green beans (V)	Veg balls, roast dice potatoes, baby carrots (V)		Veg nuggets, Oven-cooked chips Peas (V)
Jacket Potato with choice of fillings / Salad Bar / Home made bread				
Melon and pineapple slices with shortbread	Raspberry jam doughnut	Chocolate sponge with choc sauce	Vanilla ice cream	Blueberry muffin
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				

Menu Week 4 (30-01-17)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Battered chicken fillet nuggets, Pommes Noisettes, peas and sweetcorn	Beef spaghetti Bolognese, garlic bread	Roast turkey, roast potatoes, baby carrots	Beefburger in a bun, onion rings, fresh veg sticks,	Cod fish cake, Oven-cooked chips Peas
Veg nuggets, Pommes Noisettes, peas and sweetcorn (V)	Veg spaghetti Bolognese, garlic bread (V)	Root vegetable ratatouille roast potatoes, baby carrots (V)	Veg burger in a bun, onion rings, fresh veg sticks, (v)	Veg stir-fry Oven-cooked chips Peas (v)
Jacket Potato with choice of fillings / Salad Bar / Home made bread				
Jam sponge and custard	Rice pudding	Strawberry mousse	Fresh fruit bag	Fruit jelly
Fresh Fruit Salad / Cheese & Crackers / Yoghurts / Fresh Fruit				
Calypso Bottles / Juice Cartons / Milk / Milkshake				